

# ADNC Welcome Coffee Overview

## Welcome

The Alamo Danville Newcomers' Club is a very active women's club that has been in existence for over 50 years. Its sole purpose is enriching the lives of its members while fostering new and lasting friendships. We have quite a diverse group with over 300 members and a variety of over 50 activities that appeal to our members' varying interests.

## General Guidelines

Membership is open to all new or longtime residents of Alamo, Danville, Blackhawk and Diablo. The membership dues are \$40/year and the calendar year starts June 1st and runs through May 31st. The dues cover cost of things such as the Club directory, and supplement other activities which benefit the Club as a whole. Before joining, you are allowed a sneak peek and are able to attend 2 events to see how you like it! Alamo Danville Newcomers is strictly a social club and we do not permit businesses to solicit or advertise.

## Newsletter

Once you join, you will receive the monthly newsletter via email that will tell you all about the next month's activities such as:

**Monthly Luncheons:** The luncheons are held September through May on the second Tuesday of each month and always include a speaker or activity. New members will be seated at a special table with other new members and the Club board members.

**Groups and Activities:** Please see the list of activities below. The monthly newsletter contains an update from each activity and contact information for activity chairman and hostesses. Please contact any of the chairpersons of the activities you are interested in. You need to RSVP for activities each month. Some activities also ask that you sign up for a group and/or their activity email list.

**Special Events:** There are 3 or 4 big special events throughout the year. One is strictly members only, and the others are open to members and their guests.

## Website

Once you join you will receive the password to the "Members" tab on Alamo Danville Newcomers webpage, <https://alamodanvillenewcomers.com>.

## Directories

Once you join you will receive a Club Directory that contains a listing of all members. You also have access to the directory electronically from the website.

# Alamo Danville Newcomers Activities 2021-2022

## **Foodies:**

Dinner for Eight  
Lunch Bunch  
Recipe Exchange  
Cooking and More (1,2)  
Thirsty Thursday  
Spirited Socials (1,2,3,4)

## **Games:**

Bridge - Beginners  
Bridge - Intermediate  
Bridge - Couples  
Bunco 1, 2  
Tripoley  
Euchre  
Game Night  
Hand & Foot Card Game  
Mahjong Chinese – Home Play Day, Restaurant Play  
Mahjong American  
Mexican Train – Day (1,2,3), Evening (1,2)

## **Friends of the Community:**

Doll Project  
Food Bank of Contra Costa County  
Roses  
S.O.S.

## **Indoor/Outdoor Activities:**

Bay Area Connection  
Crafty Chicks (DIY)  
Golf Group  
Monday Movie Matinee  
Sole Sisters  
Hiking Group  
Wellabella (Wellness Group 1,2)

## **Discussion Groups:**

Book Group  
Foreign & Independent Film Group  
Great Decisions (1,2,3,4)

## **FYI**

For Your Information (FYI)  
Welcome Coffee

# ADNC ACTIVITIES LIST 2021-2022

## FOODIES

### **Cooking & More**

This activity was created for women who share the passion of cooking. Members who join Cooking & More sign up to co-host a fun and informative event for group members to learn new cooking skills. The focus is teaching each other new dishes in a home demonstration, tackling a dish together as a group or other group activities related to food. There are endless things we can do. What's your recipe for a fun get-together? Cooking & More has one large group. Please email the organizer to find out if they have openings available or add your name to the waitlist. Names will be contacted in order received if an opening becomes available. Hosts choose one Wednesday per month to hold their event. Location varies.

### **Dinner for Eight**

This is a couple's dinner party activity on the 2nd Saturday of the month and meets 4 months of the year. A fun way to meet people and enjoy new friendships, good food, and wine. Each couple hosts once in 4 months and rotates through a predetermined schedule of participants. The host couple determines the menu, provides the main course and 2 bottles of wine. Guests are assigned hors d'oeuvres, salad and bread or dessert & 2 bottles of wine. The menu can be casual or gourmet. We always welcome new members as regulars, shared positions or subs. Join now to reserve space on the schedule that begins in October. The more the merrier!

### **Lunch Bunch**

A "time out" for members to connect in an informal, small group setting while experiencing the unique and diverse restaurants offered throughout the valley. Location announced each month in the Newsletter. Reservations are limited to 16 members with individual check and ordering is directly off the menu. This is held on the 4<sup>th</sup> Friday of the month (excluding December) at 12:30PM to accommodate members attending a Newcomer morning activity.

### **Recipe Exchange**

We are a group that meets in member's homes. Hostesses pick a theme, provide drinks and how many they can comfortably accommodate. Everyone brings a dish to share along with copies of the recipe. Recipe Exchange gives you the opportunity to spread your favorite recipes to others and get some new ones to try out. This is meant to be low-key; paper plates are ok! We meet on the 3rd Thursday of the month at 12:30. Simply RSVP to the hostess for that month if you would like to join in. This is not a fixed group.

### **Spirited Socials**

If you enjoy tasting wine & other spirits, learning about new fun things to do and places to go in our area, entertaining and being entertained, and meeting new friends - then this is for you! Spirited Socials is a popular activity where everyone who joins takes a turn planning and hosting a social

gathering that includes some type of adult beverage. You can have it in your home or visit a winery, brewery, or restaurant... Host a Martini tasting, best margarita contest, or Murder Mystery Dinner? You decide! Participants choose their month to host and then just enjoy the rest! Spirited Socials has one waiting list and will call names in order from the waiting list for inclusion in one of the four established groups as openings arise.

### **Thirsty Thursday**

This is a ladies-only event that meets the first Thursday of every month. It's a fun and informal way of meeting new members and getting together with friends. The time and place will change, so about a week before the event we send out an FYI to the members telling them where we will be having Thirsty Thursday and what time. It's usually 4 to 6pm during happy hour at restaurants in the local area. Due to the large turnout, we usually get (around 25 or so), we ask the members to RSVP to let us know if they will be attending.

## **GAMES**

### **Bridge – Beginners**

Did you recently start playing Bridge? Or have you been away from Bridge for a while, and want to start playing again? Please join us for fun and interactive play! We are a group of beginning players who have taken at least one class, and/or recently returned to bridge. We know the basics of point count, bidding, play of hand and basic conventions. We play the first and third Tuesday of the month at 2:00 p.m. Hosting rotates among the group members.

### **Bridge – Intermediate**

If you've been playing bridge for a couple of years, consider joining our group of intermediate players. You should be familiar and comfortable with basic bridge play and conventions but also more advanced conventions including pre-emptive bidding, takeout and negative doubles, cue bidding, Michael's cue bid, slam bidding, No Trump interference, Unusual Notrump, and Jacoby 2NT. We play the first and third Thursday of each month at 2:00 p.m. Hosting rotates among the group members.

### **Bridge – Couples**

Join us for a friendly game of bridge and bring a hearty hors d'oeuvre. Beverage and dessert will be provided by the hostess. We usually play on the third Saturday of the month and welcome all interested couples.

### **Bunco**

Bunco is a fun, social dice game that is very easy to learn. Are you interested in being in a fun, social group? Do you enjoy playing easy games with friends? Then Bunco is for you! Currently, we have two regular groups of 12 players: Group 1 plays on the first Wednesday of the month at 6:30, and Group 2 plays on the second Thursday of the month at 6:30.

### **Euchre**

Euchre is a card game using the cards 9 through Ace. In this card game jacks are higher than aces. Each player is dealt 5 cards. There is a bidding process which includes one card face up. If you get the bid the dealer gets to pick up the card and discard one from her hand. You always have a partner who can help you make your bid. We are a fun group that meets the second and fourth Wednesday of the month from 1:00 to 4:00. We welcome new players and are happy to teach all interested Newcomers this fun Midwestern card game. General knowledge of card play is helpful.

### **Game Night**

Bring your hubby, significant other, or just bring yourself to play games with us. We play a variety of games, host/hostesses' choice. Couples and singles are all welcome. Games are easy to learn and it's good to give your brain some exercise too! We rotate the host duties between all of our members. We meet the third Wednesday from 6-9pm. Everyone brings a hearty appetizer to share and whatever drink they choose for themselves; wine, beer, soda. Host/hostess provides dessert & coffee/tea. Come on out and make some new friends, have some laughs and exercise your brain!

### **Hand and Foot**

Hand & Foot is a card game similar to Canasta, but a whole lot more fun! It is easy to learn and we all love to teach new players. This is a fun group of ladies and we have a grand time! We meet the third Thursday of each month at 1pm. We rotate the hostess duties each month between all of our members. The hostess provides some snacks and/or dessert along with some coffee and tea.

### **Mahjong - American**

If you have a current American Mahjong League card, a purse full of quarters, nickels and dimes, and are a seasoned or new player, join us twice a month for some fun, social play. Games are on the first and second Friday of the month from 1:00 to 3:00pm. We have a core group of fourteen who are required to take a turn hosting and a list of alternates. Please sign up to be on the mailing list.

### **Mahjong – Chinese (Home - Daytime)**

We play the Chinese version of Mahjong. It is easy to learn, we can teach you quickly and we are a friendly group. New members and beginners are welcome at any time. We play the 3rd Friday of every month, 12:30-3pm, and rotate hosting in members' homes.

### **Mahjong – Chinese (Restaurant)**

It's great fun, and our game is low key and noncompetitive. We play the 2nd and 4th Monday of the month at Bagel Street Cafe in Alamo. We gather at 10 am, take a lunchbreak at 11:30am and begin play again around 1:30pm. New players are encouraged to come. We're happy to give instruction.

### **Mexican Train (Evening)**

Are you interested in playing the domino game of Mexican Train? This activity is open to singles and couples. You do not have to know how to play - we will teach you. It is very easy and so much fun! We currently have two groups. We meet on the first Friday of the month at 6:00pm and the other group meets on the fourth Saturday of the month at 6:30pm. We play in the homes of Mexican Train Players and everyone takes a turn hosting. Players bring a hearty appetizer and beverage of choice. The host provides dessert. Please join us for a fun evening.

### **Mexican Train (Daytime)**

All aboard for Mexican train daytime! Are you interested in playing the domino game of Mexican Train? You do not have to know how to play - we will teach you. We currently have three regular groups of 12 players. We play on the third Wednesday of the month from 1:00-3:00pm and one group plays on the fourth Tuesday of the month from 1:00-3:00pm. Contact the organizers if you are interested in joining the waitlist, starting another group, or being on the sub list.

### **Tripoley**

Ladies, do you like to play cards and chat? If so, come join us for a fun day playing Tripoley. You don't need to know how to play. Just bring a brown bag lunch and about \$3 in pennies. The hostess will provide drinks and dessert. We play the 3rd Tuesday of every month at someone's home. We start play at 10:00am, break for lunch, and usually play until 2:00pm.

## **INDOOR/OUTDOOR ACTIVITIES**

### **Bay Area Connection**

This is a fun group that meets once a month and does various outings around the Bay Area. These are activities that take you into San Francisco, Oakland, and other parts of the Bay Area to see something interesting or for a special event. Activities done in the past include walking tours, chocolate factory make & take, double-decker bus tour in SF, Amazon warehouse tour, and an outing to 'Beach Blanket Babylon'. Simply RSVP if you are interested in the planned activity for that month, sometimes there is a limit to the numbers of people who can attend so RSVP quickly!

### **Crafty Chicks**

We are a group that meets to do various craft projects together. We will be hosting several new learning experiences with hands-on workshops and events. We believe that time and passion are the most valuable assets in our lives. Our goal is to spend more time doing what we love with like-minded people. Days and times vary. We will meet every other month.

### **Golf – Group Play**

If you would like to meet other friendly ladies who enjoy the game, come join us. We welcome all skill levels (but need to have some lessons). The group emphasizes fun, camaraderie, support and meeting other ladies who enjoy the game. We meet twice a month for casual play. The first Monday of the month is morning play 9 hole at Canyon Lakes San Ramon. Stay for coffee or lunch afterward. The third Monday, morning play is 9 or 18 holes at Dublin Ranch. Members rotate as hostess, who schedules the tee times. Tee times are preset for the year by the chair. Hostess need to confirm tee times, sent out via email to the members and work out with club golf shop to confirm.

### **Hiking**

The hiking group meets twice a month, 2nd Wednesday and the 4th Thursday of the month depending on who is leading. The strength of the hikes will depend on the leader. We won't let anyone fall behind. Dogs are welcome depending on location. Our hikes are typically in the local hills and valleys and are between 4-6 miles long with 500-1000 ft. in elevation changes. Specific hike details are sent to the hiking group regarding the exact meeting location about a week prior to each hike. Please email the organizer if you would like to join the group.

### **Monday Movie Matinee**

Love to go to the movies? Then join us for a matinee on the 4th Monday of each month, usually for the first showing of the day. We sometimes have the movie theater to ourselves! We will choose a movie a few days before and send out an email letting you know time and location. After the movie, we often have lunch and discuss the movie.

### **Sole Sisters**

Sole Sisters is a walking group that meets every Monday morning, near the railroad car in the Lunardi's parking in Danville. We walk three miles to Alamo and three back, occasionally doing a different walk. Emphasis is exercise and conversation.

### **Wellabellas**

Wellabellas is an activity for gal pals supporting one another in their wellness endeavors of living a fit & fab lifestyle. Ladies will sign up to partner with another Wellabella once during the year to host a mind & body event the last week of the month. Hosts will plan an activity or learning opportunity for

members to experience at home or at a venue's facility. The possibilities are numerous...healthful cooking class, yoga, body boot camp, health fair, diet & nutrition lecture, spa day, dance class... you decide with the help of your partner and your sister Wellabellas! So, join the movement. Become a Wellabella and exercise your mind & body with like-minded gal pals. We meet the last week of every other month at various locations to be determined.

## **DISCUSSION GROUPS**

### **Book Group**

Book Group is a very friendly, low-key get-together for the purpose of discussing pre-chosen books. We read mostly fiction and can include non-fiction, biography and short stories. We meet at one another's homes monthly including during the summer, to share our reading experiences. In December we include a holiday book exchange with our meeting. Book Group meets on the 3<sup>rd</sup> Friday of each month. The meetings start at 10 a.m. and end by noon. The hostess provides the coffee, tea and juice and light refreshments are provided by another member.

### **Foreign & Independent Films**

Attention all foreign and independent film lovers!! We attend a foreign film, usually each month, and usually at the Orinda Theater. We have lunch first then attend the 12:30 - 1:00 p.m. showing. Sometimes we will venture into Berkeley if something looks good. Contact the organizer to be put on the email reminder list. The day varies depending on the week the film is shown. The organizer sends an e-mail as movies are scheduled.

### **Great Decisions**

"Great Decisions is the name shared by a program and a publication of the Foreign Policy Association (FPA). Published annually, the Great Decisions briefing book highlights eight of the most thought-provoking foreign policy challenges facing Americans. Today, Great Decisions provides background information, current data and policy options for each of the eight issues and serves as the focal text for discussion groups. Our meetings, at rotating members' homes, are where we view a video discussing that month's topic. We then have a low-key discussion about possible foreign policy challenges/solutions. We listen to all points of view. Our number one goal is to raise our awareness about foreign policy decisions. The briefing books and video are ordered in October. Cost is approximately \$25.00. Groups begin in January. We are hoping to form a new group (group 5) with one or two leaders. Please sign up today. Groups 1, 2, and 3 meet on the 4th Friday of the month, from 10am to 12 noon at different members' homes. Group 4 meets on a Tuesday. There is a limit of approximately 20 members per group.

## **FRIENDS OF THE COMMUNITY**

### **Doll Project**

We get together once a month to make dolls and quilts which are donated to the UCSF Children's Hospital in Oakland. Help is needed cutting, stuffing, sewing and dressing the dolls. Sewing skills are not necessary. Come, join us for all or part of the day. Bring a bag lunch if you wish. Brownies are provided! We meet on the 4th Wednesday of the month from 10am to 1pm.

## **Food Bank**

We are launching our 10<sup>th</sup> season of collecting food for our local Food Bank! It distributes to over 180 partner agencies in our area. To make it simple, we collect non-perishable food items at every monthly luncheon. Just bring whatever you can and we will deliver your donation to the Food Bank. Thank you in advance for your kind generosity!

## **Roses**

Roses meet at Osage Park every Tuesday morning from 9:00-10:00 from May through October. Our job is to trim the roses in the section assigned to the Alamo Danville Newcomers Club. It's on a purely drop-in basis, no RSVP necessary. Just join us when you can and enjoy the beauty of the garden and conversations with friends. You will need garden gloves, clippers, and a pail to collect your cuttings. Inexperienced? No matter, we can show you how to do it in minutes. So, join us for mornings amongst the roses with friends.

## **SOS**

Would you like to help a fellow Newcomer in a time of need? S.O.S. is a select group that has volunteered to help in an emergency or when a fellow Newcomer just needs a caring, helping hand. Hopefully, you'll never have a reason to use this valuable support service, but it can be a real "lifesaver" when needed. Contact the organizer if you know of a Newcomer member in need or would like to be part of the S.O.S. team.

## **OTHER**

### **FYI (For Your Information).**

FYI is an information email system for our members. It is used in three ways. Communication: For club-wide information such as a change in time or venue for a major club activity. Referral System: If you are looking for a referral for physician, home service, etc., Members Selling Selected Items: A member looking to sell theater, concert or sporting event tickets may do so via FYI. Larger items for sale such as cars, furniture, etc. will also be acceptable as members might feel more comfortable about buying or selling from a fellow member. Should not be used to sell miscellaneous household items. It is not used to advertise or solicit personal business of members.

### **Special Events**

Three to four times per year, there are special events open to all club members. Past events include themed dinner dances, teas, picnics, Bay Cruises, Casino Nights, and Wine Tastings. Watch the newsletter for more details and information.

